OUR MISSION

To care for you or a loved one who wishes to remain independent in their own home, giving the highest possible level of care and dignity while assisting with a variety of everyday tasks.

OUR PROMISE

All staff are trained and registered, licensed or certified. We will never assign an employee of Stress Free Home Care to work in your home that we would not have take care of our loved ones or ourselves.

Studies show the majority of seniors with health problems recover more quickly and are much happier living in their own home than in a rehabilitation or nursing facility.



Serving Catawba, Cleveland, Gaston, Lincoln, Mecklenburg, Iredell and Union Counties

717 S. Main Street, Stanley, NC 28164

704-931-4997 www.StressFreeHomeCare.com



















Helping people live full, independent lives within the **comfort** of their own home.

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OUR SERVICES

- 🖰 Alzheimers and Dementia Care
- Medication Reminders
- Vital Signs and Monitoring
- Bathing Assistance
- Personal Hygiene and Dressing
- **V**Light Housekeeping

- Daundry and Changing Linens
- Taking Out Garbage
- Crocery Shopping and Errands
- Prescription Pick-up
- Attending Church Services
- Sitting/Companionship

- Dining Out
- O Doctor's Appointment Advocate
- Monitoring Food Expirations
- Talephone Open and Telephone
- USupervising Household
- V Additional Services Available

BRINGING LOVE AND CARE INTO YOUR HOME

Stress Free Home Care professionals are available 24 hours a day, seven days a week, including holidays. We tailor our services to meet your needs and offer a broad selection of service and scheduling options.

All staff are trained, registered, licensed or certified. Employees are screened and insured, their backgrounds are checked and they are drug tested.

Stress Free Home Care Leadership Team

Angel (Office Manager), Kim (VP) Candi (CEO), Billy (Care Coordinator), and Marilyn (Care Coordinator)

